

EuroCommerce and the European Consumer Organisation (BEUC) are raising awareness towards consumers to save energy costs

[A checklist on tips for consumers to save energy and energy costs](#)

EuroCommerce, the European association representing retailers and wholesalers, and the European Consumer Organisation (BEUC) have collected a set of measures and tips for energy savings in households. Consumers are facing inflation and economic difficulties due to the energy crisis. This list is to help consumers reduce their energy costs and make energy savings in their everyday life. It is part of a European campaign towards consumers, to guide and help them in the sustainability transition.

The cost of living has risen significantly due to the energy crisis and inflation. Key factors underlying current record inflation include increased costs of energy and commodities, supply chain disruptions and labour market shortages, factors all exacerbated by the impact of the Russian invasion of Ukraine.

Retailers and Wholesalers are supporting the sustainability and energy transition, which requires a joint effort for all actors to be able to reach the EU's 2030 climate goals.

Christel Delberghe, Director General, EuroCommerce, highlights:

"We are on this journey towards sustainability together with consumers. We are working hard to cushion our customers from high prices in the stores but we also want to do what we can to provide support to help lower their energy consumption and the cost of their bills."

Monique Goyens, Director General, BEUC, stresses:

"Consumers have faced unprecedented increases in their energy bills in recent months. One of the best ways for consumers to cut the cost of their bills is to make energy savings. Which is why we have come up with a series of tips and tricks to help consumers to save money. Small steps like reducing room temperature in winter from 20c to 19c or only using the washing machine when it's full can make a big difference to consumers' energy bills".

BEUC is the umbrella group in Brussels for 46 independent consumer organisations from 32 countries. Our main role is to represent them to the EU institutions and defend the interests of European consumers. Our daily work involves making sure the EU takes policy decisions that improve the lives of consumers. This covers a range of topics including competition, - consumer rights, digital rights, energy, enforcement, financial services, food, health, safety, sustainability and trade policy.

Our acronym originates from our French name, 'Bureau Européen des Unions de Consommateurs'. We were founded in 1962 by consumer groups from six Member States of, what was then, the European Economic Community (EEC).

Nowadays our members are from all 27 EU Member States as well as Iceland, North Macedonia, Norway, Switzerland and the United Kingdom.

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EuroCommerce is the principal European organisation representing the retail and wholesale sector. It embraces national associations in 27 countries and 5 million companies, including leading global players and many small businesses. Over a billion times a day, retailers and wholesalers distribute goods and provide an essential service to millions of business and individual customers. The sector generates 1 in 7 jobs, offering a varied career to 26 million Europeans, many of them young people. It also supports millions of further jobs throughout the supply chain, from small local suppliers to international businesses. EuroCommerce is the recognised European social partner for the retail and wholesale sector.

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